FANS COME OUT IN FULL FORCE

Star Wars director, stars tease details at Comic-Con

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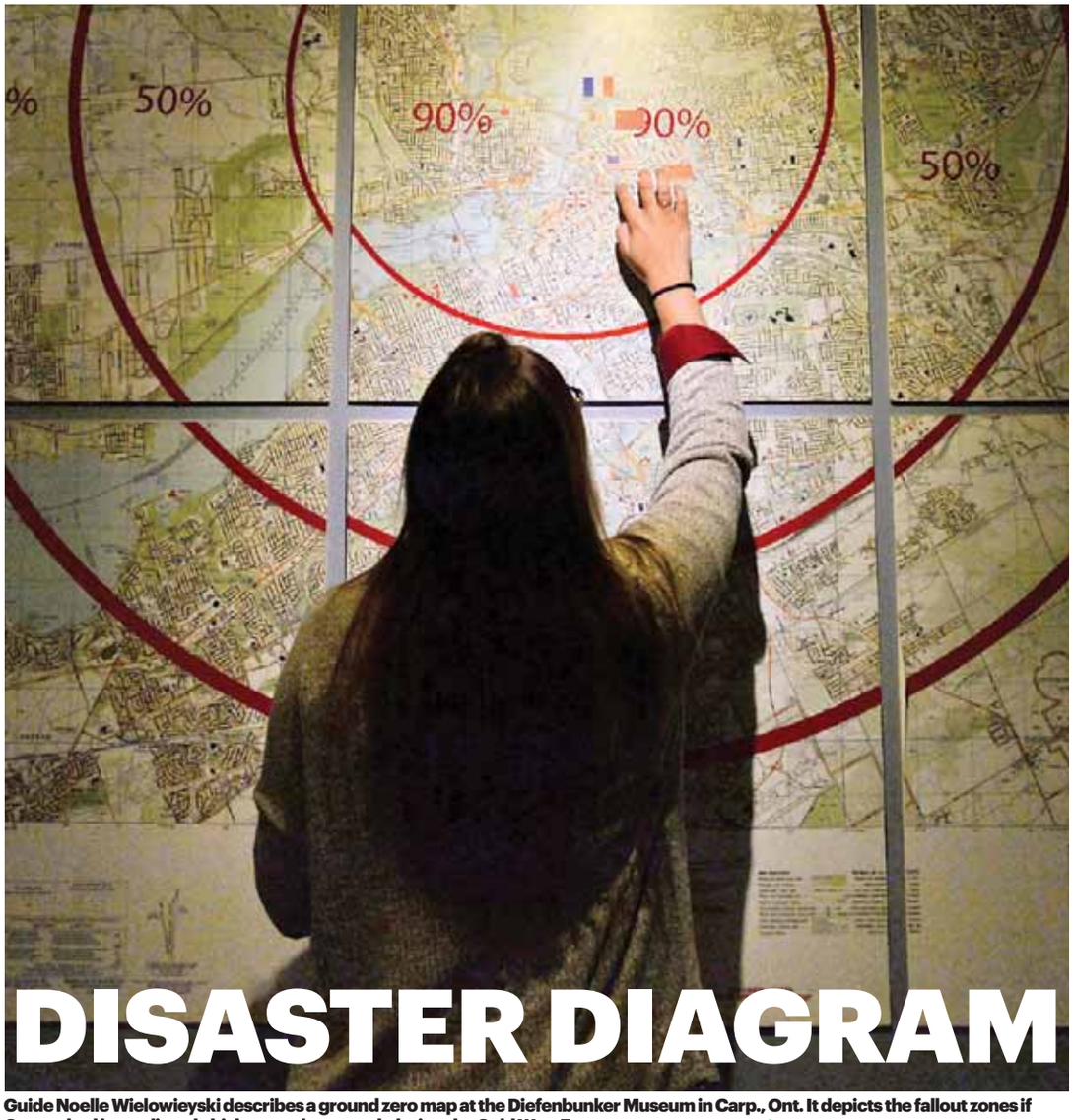
Your essential daily news | TUESDAY, JULY 14, 2015 High 27°C/Low 11°C Sunny



DISASTER DIAGRAM

Guide Noelle Wielowieyski describes a ground zero map at the Diefenbunker Museum in Carp., Ont. It depicts the fallout zones if Ottawa had been directly hit by a nuclear attack during the Cold War. For more, see metroNEWS. SEAN KILPATRICK/THE CANADIAN PRESS

Accused in hit-and-run granted bail

COURT

Defence lawyer says justice of the peace made right decision

Joe Lofaro
Metro | Ottawa

An Ottawa man accused in the fatal hit-and-run of a cyclist was escorted out of the courthouse Monday with his face covered after being granted bail.

Deinsberg St-Hilaire, 39, was arrested July 7 and charged with failure to stop at the scene of an accident causing death.

Andy Nevin, also 39, was struck by a vehicle while cycling on Leitrim Road on June 28.

St-Hilaire was released on a $20,000 bond. A justice of the peace ordered him to live with his mother and turn in his driver's licence during his release from custody.

Several supporters who attended the bail hearing escorted him out of the courthouse while concealing his face with a blazer and hat.

Outside of court, defence lawyer Trevor Brown said the justice of the peace made the right decision in releasing his client.

"Mr. St-Hilaire wants his privacy at this time and he will abide by the conditions in that release order," said Brown.

St-Hilaire is expected to return to court on July 23.

Deinsberg St-Hilaire's supporters conceal his face Monday after he was granted bail. JOE LOFARO/METRO

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metro NEWS
Your essential daily news

Uber launches car-pool app for Pan Am Games. **Canada**

IN BRIEF

Lebanese Festival marks 25 years

The Ottawa Lebanese Festival is offering all the hummus, shawarma and shisha you could ask for as it marks its 25th anniversary this week.

The annual festival runs Wednesday through July 19 by the St. Elias Cathedral on Ridgewood Avenue.

Entertainment includes a performance on Thursday by Karl Wolf and singers from Canada, Lebanon and the United States, as well as rides for children. On Sunday, a fireworks show will start at 10:30 p.m.

As for food, there will be tents featuring traditional Middle Eastern cuisine, including a Saj bread tent. Adults can also enjoy a shisha lounge on site.

The Lebanese Festival is open from 4 to 11 p.m. Wednesday to Friday and 11 a.m. to 11 p.m. on Saturday and Sunday.

JOE LOFARO/METRO

Public invited to ranked ballot consultation

Ottawa123, a non-partisan group, is inviting members of the public to have their say on the province's review of the implementation of ranked ballots in municipalities across Ontario. People are invited to a consultation at Jean Piggot Hall on Thursday at 5:30 p.m.

The group said city councillors and a representative from the Ministry of Municipal Affairs and Housing will give presentations at the event.

The public can provide feedback to the province until July 27.

JOE LOFARO/METRO

Confederate flag shorts spur petition

BLUESFEST

Ottawa group demanding apology from organizers

Haley Ritchie
Metro | Ottawa

Online discussion continued Monday over whether RBC Bluesfest should have turned away a man who wore shorts with the Confederate flag to the festival last week.

The activist group Black Lives Matter Ottawa have created an online petition calling for the festival organizers to issue an apology. The petition had 29 signatures by 5 p.m. on Monday.

Staff at Bluesfest had Monday off, but organizer Joe Reilly said the organization is aware of the petition and that it is still discussing the matter.

"The appropriate clothing policy is currently under review," he said. "It's going to be a challenge to come up with specific guidelines for this issue."

Reilly said that the man in the photo is not associated with Bluesfest and was not in possession of an accredited media pass.

Robert Rusaw, the American identified in the photo, did not respond to a request for comment, but did post a public message on his Facebook page Sunday evening.

"Some people were offended that I wore shorts with the confederate flag on it, well too bad," he wrote. "The flag is a symbol and it has more than one meaning to people."

Rusaw continued to say that Kanye West has adopted the flag in his merchandise and that Canadians should be concerned with the recent Truth and Reconciliation report.

Southern rock group Lynyrd Skynyrd is playing the festival Tuesday night, and in the past has used the Confederate or "Dixie" flag heavily in their branding.

In 2012, band members said they were distancing themselves from the flag because of its racial connotations.

The shorts Robert Rusaw wore to RBC Ottawa Bluesfest last week. He posted this photo to Facebook and, in a comment, wrote he's not a racist, but he has been "crucified" on social media.

FACEBOOK

CHARTER RIGHTS

Conditions unfair, 'stateless' man insists

An Ottawa man who considers himself "stateless" is asking the Immigration and Refugee Board to lift the bail-like restrictions under which he's living, arguing they infringe on his Charter rights.

Deepan Budlakoti, 26, attended a hearing in Montreal Monday arguing that his release conditions — including that he check in regularly with the Canada Border Services Agency and not travel very far from Ottawa — are unconstitutional.

Budlakoti said he expects a decision this Thursday or Friday.

Budlakoti's case is a complicated one. He was born in 1989 in Ottawa to Indian parents, who were in Canada working at the Indian High Commission.

Four years ago, at the age of 21, he was suddenly told that he's not a Canadian citizen, despite being issued an Ontario birth certificate and Canadian passport, and living in Canada his entire life.

The news came after he was convicted of drug and firearms offences, and he was ordered out of Canada. The Indian government, however, has said it would not grant him citizenship and refused to take him.

Budlakoti argues the Canadian government has effectively rendered him stateless. He had asked that his Canadian citizenship be reinstated and argued that the government is infringing on his charter right to life, liberty and security of the person.

The Federal Court ruled against him in that effort earlier this year, and the Federal Court of Appeal upheld the ruling last month. Budlakoti has already applied for leave to appeal at the Supreme Court of Canada in that case.

In the meantime, he is living under certain conditions, which he's seeking to have reduced.

He argues that because he's indefinitely detained, the conditions infringe on his Charter rights.

"There's no possibility of me being deported, so there shouldn't be any conditions put on me," he told Metro on Monday after the hearing.

MICHAEL WOODS/METRO

WESTERN QUEBEC

Cows on the loose in Val-des-Monts wreak havoc

Michael Woods
Metro | Ottawa

There are cows on the loose in western Quebec.

If that doesn't scare you, consider this: The cows are reckless enough to damage a German luxury vehicle.

According to a release from MRC des Collines-de-l'Outaouais police, the terror all started last Thursday around 6 a.m. in Val-des-Monts, when a man living on St-Joseph Road noticed four cows in his laneway.

The cows weren't just hanging out. They had caused about $1,000 damage to his wife's BMW.

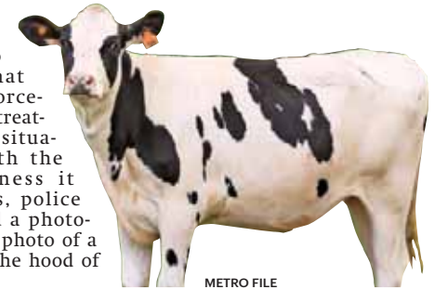
When police arrived, "the suspects had already fled."

But that's not all. Earlier that night, motorists in the area had called police, reporting cattle wandering freely on the road.

"Unfortunately, at the time of the call, the fugitives were not located, but the investigation reveals that the two incidents are related," police said.

The elusive cows remain on the lam, presumably milking their freedom for all it's worth.

To show that law enforcement is treating the situation with the seriousness it deserves, police included a photoshopped photo of a cow on the hood of a BMW.



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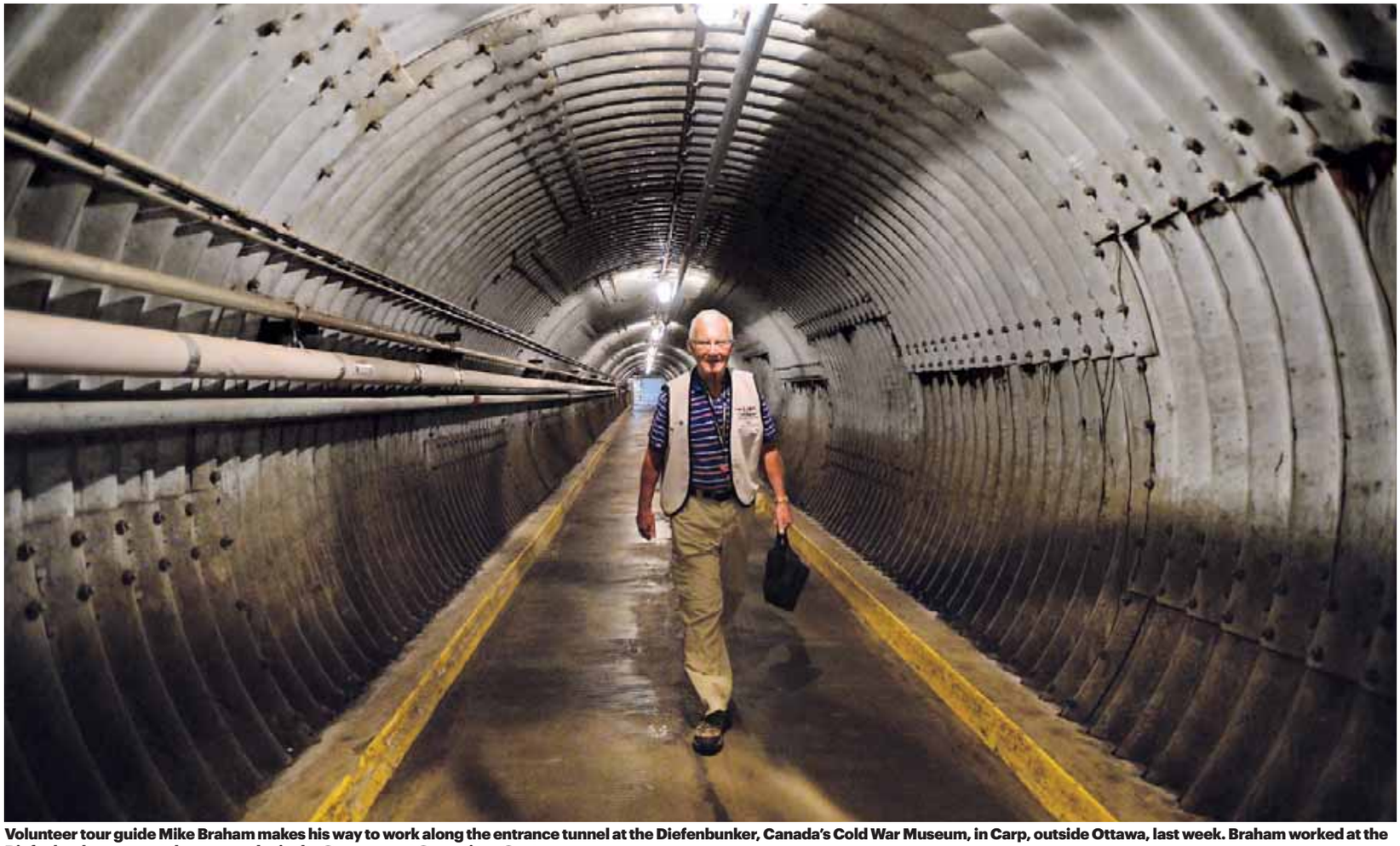

Volunteer tour guide Mike Braham makes his way to work along the entrance tunnel at the Diefenbunker, Canada's Cold War Museum, in Carp, outside Ottawa, last week. Braham worked at the Diefenbunker as a watch commander in the Government Operations Centre. SEAN KILPATRICK/THE CANADIAN PRESS

The Cold War for tourists

HISTORY

Diefenbunker a family-friendly monument to frightening era

Mike Braham could tell you stories all day about the life of soldiers working underground in Canada's most famous bunker.

There's the one about the two guys who lived there for two months before the military made them get some fresh air. Or the cat that broke in and took up residence in the Central Emergency Government Headquarters, better known as the Diefenbunker.

Braham knows the stories not only because he's been a tour guide at the museum for eight years, but because also at one time he was on the list of 535 men and women — among them the governor general, prime minister and senior cabinet members — who would be locked inside the bunker if the Soviet Union launched missiles at the Canadian capital.

Who wasn't on the list? Family of those 535 individuals.

"They didn't give too much thought to what it would be like when the doors locked down," Braham says, noting that it would have been "more than stressful" to be locked down underground not knowing how bad things were topside.

Luckily the facility was never used in an emergency and now sits as a massive monument to Canada's Cold War era.

The Diefenbunker, officially opened as a museum in 1999, is in a nondescript area of Carp, Ont., about 35 kilometres from Parliament Hill, or a 30-minute drive from downtown Ottawa. The area around it is tranquil with rolling fields where cows graze. The heart of the village and the local fairgrounds are short walks from the museum site.

Being run by a private, not-for-profit group, there is no grand building like those at nationally funded museums in and near the heart of the capital.

The Diefenbunker was an active military facility until 1994 at which time it was designated a national historic site.

Upon its closure, the military moved much of its equipment out of the bunker and let the locals in. (One farmer actually stole the bed reserved for the prime minister, which museum officials were able to retrieve and now have on display.)

The next year, locals grabbed flashlights and started leading tourists down the musty, metallic and concrete-laden blast tunnel (which, years later, actor Morgan Freeman walked down in a scene for the Hollywood political thriller The Sum of All Fears) and through the corridors connected to, among other things, the CBC-Radio Canada transmission booth, the emergency cabinet room and smaller Canadian versions of the war room and "big board" from Dr. Strangelove.

There were also living quarters, a medical centre, the cafeteria — "The food here was always good," Braham jokes, noting that rations were always freshly stocked (and staff ate well because the facility never had to host a full contingent of officials) — and a Bank of Canada vault designed to store the weight in gold of about 100 African elephants behind a 30-tonne door to prevent a Goldfinger-type scenario that would lead to a currency collapse.

That vault now hosts conferences, receptions and even weddings.

Last year, 55,000 visitors walked the halls of the Diefenbunker, and the museum is on track to surpass that this year with the majority being families with children who have no experience with the Cold War.

"We're not your typical museum environment," says museum marketing manager Megan Lafreniere.

"In a lot of areas, you can interact with things. So kids who have never seen a rotary telephone — don't understand what that is — they're picking them up, they're playing with them, they're taking selfies with their own phones.

"It's this really special environment where people can actually walk through and experience it rather than being behind stanchions and away from the artifacts."

THE CANADIAN PRESS

"So kids who have never seen a rotary telephone — don't understand what that is — they're picking them up, they're playing with them, they're taking selfies with their own phones.

Museum marketing manager Megan Lafreniere

IF YOU GO ...

- Wear comfortable shoes and something warm (it gets chilly underground), and plan to be there for between one to two hours.
- There are elevators for those in wheelchairs. Parents may want to opt for baby carriers over strollers to more easily move around the facility.

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Employment Minister Pierre Poilievre answers a question in the House of Commons in May. Poilievre has been touting the Conservative government's enhanced childcare benefit as boost for the economy. SEAN KILPATRICK/THE CANADIAN PRESS FILE

Tories accused of buying votes, with cash for kids

POLITICS

Opposition targets sales pitch on new child benefit

Opposition parties hammered the federal government on Monday after it boasted about the economic benefits of childcare cheques set to be mailed out to Canadian families next week.

NDP finance critic Nathan Cullen says the Conservatives appear to be owning up to the fact the Canadian economy is slumping.

"You almost want to celebrate the fact they're acknowledging the Canadian economy needs a boost. But this isn't what this tax measure was designed for and it is not what it does,"' Cullen said in a phone interview.

At a weekend event at an Ottawa-based retail chain, Employment Minister Pierre Poilievre billed the enhanced childcare benefit as a "$3 billion injection into the bank accounts and mailboxes of Canadians" at an appropriate time.

"What we're telling Canadians is that there's a world of risk and economic difficulty outside of our borders," he said. "We of course have a strong economic action plan to overcome those difficulties."

There is growing doubt at home about Canada's economic stability.

Just last week, Statistics Canada reported the economy shed 6,400 jobs last month.

Jan. 1

The new benefit cheques, set to roll out next Monday, are retroactive to Jan. 1 and will provide a pre-election boost to pocketbooks.

Four major banks have also stated they believe the country was in recession during the first half of the year. While official growth figures for all six months are not yet available, Statistics Canada has reported that the economy contracted during the first four months of the year.

The government has continued to reject the need for a new stimulus package to address the slowdown.

"We've already taken action through low taxes, a balanced budget and direct financial payments to moms and dads to strengthen our economy," said Poilievre.

Cullen said the Canadian economy has been weak for a long time and the government's current strategy is broken.

"They've had almost 10 years to roll out their plan and it has been hurting more than helping," Cullen said. "That's the reality, the numbers don't lie. They are what they are."

Liberal finance critic Scott Brison said the feds are handing out the childcare cheques on the eve of an election in an attempt to buy votes.

THE CANADIAN PRESS

BRING ON BREAKFAST

Fundraising for meals not just good PR

Haley Ritchie
Metro | Ottawa

Algonquin College public relations students are fundraising this week to bring healthy breakfasts to younger Ottawa students.

The "Bring on Breakfast" campaign is a series of events run by the students to raise money for the Ottawa Network for Education's Ottawa School Breakfast Program.

"We were lucky to be chosen as the recipient charity and we love having the support of the Algonquin students. They've done a great job," said Alison Sheepway, a spokeswoman for the organization.

Sheepway said it takes about $190 to provide breakfast for one student during the school year. As the program grows, the $5,000 goal set by the Algonquin students will have a big impact.

She said each school organizes its own programs, some have a "grab-and-go" model, and others have full kitchens capable of providing hot meals.

The initiative hands out more than two million breakfasts every year.

"The goal of the program is to make sure no child is hungry," she said. "Community initiatives like this are so important to keep the program going."

Breakfast clubs are open to all students so as not to stigmatize low-income children.

The Algonquin students are holding six different events over July and August, including a comedy night and bowling benefit.

Federal government writes off billions as uncollectible

CRA

Debt totals at least $4 billion, records show

The federal revenue agency has written off at least $4 billion in debts in the last two years — including accounts worth more than $10 million, newly released records show.

Debts were declared uncollectible because those owing had died, gone bankrupt, could not be located or lived outside Canada, according to Canada Revenue Agency records obtained under the Access to Information Act.

In other cases, officials considered it not worth the expense to track down the money owing, or they reached a compromise settlement with the debtor.

The revenue agency says it makes every effort to collect all tax debts from those who do not pay voluntarily.

Murray Rankin, the NDP's deputy revenue critic, questioned whether the government is doing enough to collect the substantial sums owed to the federal treasury.

The outstanding balance in undisputed, unpaid taxes was $29 billion as of March 31, 2012, the federal auditor general reported in a 2013 examination of the issue.

According to the latest federal public accounts, the Canada Revenue Agency wrote off $3.4 billion in debts in 2013-14, representing the lion's share of $3.7 billion in total federal write-offs.

The newly disclosed revenue agency records do not align neatly with fiscal years, but span the period from Jan. 12, 2013, through Oct. 10, 2014, when just over $4 billion was written off.

Names and other identifying information have been stripped from the records for privacy reasons.

THE CANADIAN PRESS

A T1 General 2010 tax form is pictured. The federal revenue agency has written off billions in debts in the last two years.
CHRIS YOUNG/THE CANADIAN PRESS

> **They are not going after international tax debt the way they should be.**
> Murray Rankin, NDP deputy revenue critic

MIDDLE EAST

Canadian who fought ISIL back in Israel

A Canadian-born woman, who served in the Israeli military and later joined a Kurdish militia fighting the Islamic State of Iraq and the Levant (ISIL), has returned to Israel.

Gill Rosenberg told Israel's Army Radio on Monday that after eight months of fighting in Syria, it was time to come home.

She said her Jewish values compelled her to "do the right thing not just by our own people, but by any human being."

Rosenberg served in the Israeli military and was previously a pilot in Canada.

She spent time in an American prison for her part in a phone scam before joining the Kurdish militia last year.

She was among the first female volunteers to fight in the Syrian civil war. Later, there were false reports she had been captured by ISIL.

Rosenberg is from White Rock, B.C., and went to high school in Vancouver.

THE ASSOCIATED PRESS

IN BRIEF

Bar staff passes it forward

Staff at an Edmonton bar have no doubt added to their good karma by re-gifting a hefty tip from a satisfied customer.

Servers at Hudsons were given $1,000 last Thursday night by someone who said he had enjoyed the service.

Celeste Bouchard, who was working that night, said the man asked to use the debit machine and typed in the numbers himself.

Bouchard said she and her co-workers just didn't feel right when they were dividing up the money later that night.

They took the cash to Edmonton's Stollery Children's Hospital the next day. THE CANADIAN PRESS

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When wedding guests act like the paparazzi

TRENDS

Photographers and brides ask for 'unplugged' ceremonies

Here comes the bride — and out come the smartphones.

Wedding guests are often keen to capture all the special moments during a couple's big day. But the flashing glare from cameras, phones and even tablets can prove disruptive during the ceremony — so much so that some couples are asking their guests to power off their devices.

Photographer Lainie Hanlon recalled asking a camera-toting guest who obstructed her view to take a seat — and she refused.

"She apparently takes photos on the side as a part-time hobby and I was a very bitter photographer after that because she basically ruined every single ceremony photo that I had," recalled Hanlon, owner of Lainie Hird Photography in Ingersoll, Ont.

Hanlon said gadget use during ceremonies has increased in recent years, with guests not only taking smartphone photos but videotaping the entire ceremony.

She broaches the subject of "unplugged" ceremonies as an option for clients tying the knot.

"I give them an example: If I'm standing at the altar with the groom and I'm looking down, all I see are cellphones, is that something that you're going to want to see in your photo? Ninety-five per cent of them now say: 'Yeah, you're right, this isn't something that we want.' ... You can't redo a ceremony."

A sign from an unplugged wedding photographed by Lainie Hird Photography.
HANDOUT/THE CANADIAN PRESS

Stephanie Fusco recalled attending a wedding where a woman was jostling for position with the photographer during key moments of the ceremony. She knew she didn't want to face a similar issue for her own recent nuptials. Both families and Fusco's close friends were aware of her concerns. She also expressed her wishes and reasons behind an unplugged ceremony in a post on her lifestyle and beauty blog, Leopard is a Neutral.

Guests wound up taking photos anyway during the ceremony held at a Toronto church. But rather than being upset, Fusco said she was "really grateful" for the additional images.

"I think what I was most concerned about ... was just being distracted by people and people having a bad experience because of people trying to get photos," said Fusco, 26, a social media professional.

"I think we've all been that guest at a wedding or at an event where you feel like you're watching the whole thing through somebody else's smartphone. And on the day of, I honestly didn't notice."

Tracey Manailescu, co-founder of The Wedding Planners Institute of Canada, said couples can inform guests that they've opted for an unplugged ceremony.

"Put a note on the program about it as well (stating): 'We would really like you to be in the moment with us and seeing our exchange of love. Please put the cameras away at this time and we promise a lot of photos together afterward,"' said Manailescu.

Ottawa-based officiants Keith and Lynne Langille have started encouraging couples to opt for unplugged ceremonies, which Keith said now account for about 90 per cent of their weddings.

Langille said he announces the plans to guests just before the event gets underway, but he does allow them to capture a few quick snaps. "We give them 20 seconds at the beginning of the ceremony to go nuts with their cameras, to act like the paparazzi.... And then they sit down, they relax and they enjoy what is an awesome ceremony."

THE CANADIAN PRESS

TORONTO

Uber hops on HOV lane

Uber seized on the near-empty high-occupancy vehicle (HOV) lanes to launch its car-pooling service in Toronto Monday, which will run until the end of the Pan Am Games.

Armed with a huge victory from the courts, where a judge denied the City of Toronto's request to shut down all of Uber's operations, Uber Canada is pushing ahead with UberPool, which already operates in five cities including New York and San Francisco.

It means UberX drivers, who use their own cars to drive passengers around, can now pick up two different ride requests heading on a similar route.

Company officials are promising savings of 20 to 50 per cent, depending on how long the ride is shared. The smartphone app will only match rides if there are significant savings to be had.

The San Francisco-based company is billing UberPool as a way to keep Toronto moving during the Games. Traffic in the city has been dense since HOV lanes closed off highway lanes to accredited vehicles and those carrying three or more people.

"We have been looking at Toronto as an option for UberPool for quite some time," said Uber Canada general manager Ian Black in a telephone interview.

"Timing it to the Pan Am Games, and supporting the city when it's so clogged up for the Pan Am Games — I think there is great potential for the city," he added.

The company plans to run UberPool during the Games as part of a trial, and will then assess the results afterward to see how UberPool could work in the future.

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SASKATCHEWAN

Officials warn fire evacuees against heading back home

Emergency officials are warning thousands of fire evacuees from northern Saskatchewan not to go home until it's safe.

Some residents have been allowed to return to a handful of communities and wildfires across the province have become "a bit more normalized," Duane McKay with emergency management said Monday.

But that progress doesn't mean all danger has passed, he said.

"Until wildfire management actually issues an all-clear for people to return, we respectfully request that people restrict on themselves travel in those areas."

Flames and thick smoke have forced about 13,000 people out of their homes in at least 50 communities over the last two weeks. Fires have destroyed 81 houses and cabins.

Nearly 1,500 firefighters are in the region, including Edmonton military personnel and crews from other provinces and the U.S. About 90 northern residents also started fire training Monday so they can join the effort.

McKay said he understands that evacuees want to know how much longer they'll be out of their homes. Officials are reviewing which communities are no longer under threat and have utility services and road access. Evacuation orders may be lifted after meeting with municipal leaders.

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IN BRIEF

What's next for Greece?
Greece's bailout deal isn't a deal — yet.

It becomes one only if Greece meets tough conditions, like quickly passing a slew of far-reaching economic reforms, cuts and privatizations.

After the Greek government dismayed creditors by repealing some economic measures and dragging its feet in negotiations, key lender states led by Germany took a hard line: reforms first. Money afterward. Whether the deal will then steer the Greek economy back to health and help it lower its debt remains uncertain.

"Doubts and concerns in our view outweigh optimism and euphoria," wrote Carsten Brzeski, chief economist at ING-DiBa in Frankfurt. Under the deal struck with creditors during an all-night meeting in Brussels, the Greek parliament must approve by Wednesday key reforms. They include VAT tax increases and pension cuts, and safeguarding the full independence of Greece's statistics service, which at the start of the crisis in 2009 was found to have woefully misstated the country's finances for years.

More reforms have to be passed by July 20, including a new civil code that should streamline legal proceedings and lower business costs. Will that help Greek banks reopen? That's the intent.

Greece's banks have been closed since the European Central Bank refused two weeks ago to allow them to draw more emergency credit. Once the legislation passes and Greece gets closer to financial rescue, the ECB may decide to permit more credit. THE ASSOCIATED PRESS

An anti-austerity protester during a rally at the Greek Parliament in Athens, Monday. EMILIO MORENATTI/THE ASSOCIATED PRESS

Greece, eurozone in preliminary accord

ECONOMIC CRISIS

Nation avoids financial collapse and exit from euro

After gruelling, often angry negotiations that tested the limits of European unity, Greece on Monday won a preliminary deal that averts financial catastrophe but also guarantees years more of hardship and sacrifice for its people.

Prime Minister Alexis Tsipras flew home to sell the plan to skeptical lawmakers and political allies, some of whom accused him of putting Greece at the mercy of its foreign creditors.

To close the deal with its partners in the euro currency, Greece had to consent to a raft of austerity measures, including sales tax hikes and reforms to pensions and the labour market. Enough of Greece's 18 eurozone partners were openly suspicious of its sincerity that they demanded, and got, Tsipras's commitment to accept close international oversight.

For the Greek leader and his radical left-wing government, which since election in January had vowed to stand up to the creditors, the payoff of the marathon negotiations in Brussels was clear: about 85 billion euros ($95.07 billion) in loans and financial support over three years, preserving Greek membership in the euro, and helping their country stave off financial collapse.

> **We managed to avoid the most extreme measures.**
> Alexis Tsipras

"We managed to avoid the most extreme measures," Tsipras said after the summit.

Tsipras said he successfully got creditors to drop a demand that Greek assets be transferred abroad as a form of collateral, and that the deal reached was less harsh than proposals from creditors his country's voters rejected a week ago.

But in many cases, ordinary Greeks now face tougher measures than those they voted down in a nationwide referendum. Syriza's Left Platform, a group of traditionalists in Tsipras's own party, swiftly denounced the agreement he had reached with fellow eurozone leaders as the "worst deal possible." THE ASSOCIATED PRESS

MIDDLE EAST

Israeli prime minister opens new Twitter account, in Farsi

Israel's prime minister opened a Twitter account in Farsi on Monday, seeking to reach out to the Iranian public as world powers were getting closer to a nuclear deal with the Islamic Republic.

Benjamin Netanyahu strongly opposes the emerging deal, and he used his inaugural tweet to criticize it and what he described as Iranian hypocrisy.

His first tweet included an image of Iranian President Hassan Rouhani and said Supreme Leader Ayatollah Ali Khamenei "has said Iran should fight the U.S. regardless of the agreement, while Rouhani leads demonstrations expressing hatred."

Netanyahu's office said the Farsi account will publish content similar to his English and Hebrew accounts to engage the Iranian people directly. Netanyahu has a popular following on Twitter and often tweets videos and photos with messages critical of the Iranian government and nuclear negotiations.

Meir Javedanfar, an Iranian-born Israeli analyst, said Netanyahu's aggressive rhetoric could backfire with his Iranian audience.

"I'm worried ... Netanyahu is going to cause more damage if he continues with the same messages," he said.

The account quickly gained more than 600 followers, with many users mocking him and saying there was a grammatical mistake. THE ASSOCIATED PRESS

U.S.

Obama cuts dozens of prison sentences

U.S. president Barack Obama cut the prison sentences of 46 non-violent offenders on Monday, including 14 who were serving life sentences, saying "their punishments didn't fit the crime."

"These men and women were not hardened criminals," Obama said in a video released by the White House. He said the overwhelming majority had been sentenced to at least 20 years.

The move was part of a broader effort by the administration to make the U.S. criminal justice system fairer. Obama has now issued nearly 90 commutations during his presidency, most of them to non-violent offenders sentenced for drug crimes under outdated sentencing guidelines. A commutation leaves the conviction in place, but ends the punishment.

Obama wrote a personal letter to each of the 46 individuals to notify them of their commutation. THE ASSOCIATED PRESS

MEXICO

U.S. knew kingpin's plans

U.S. drug authorities knew Mexican drug kingpin Joaquin (El Chapo) Guzman and his associates had developed several escape plans starting almost immediately after his arrest last year, according to internal Drug Enforcement Administration documents.

The internal DEA documents reveal that drug agents first got information on escape plans in March 2014, about a month after Guzman was captured in the Mexican seaside resort town of Mazatlan. Various Guzman family members and drug-world associates were considering "potential operations to free Guzman," the documents show.

That Guzman began plotting to break out shortly after his arrest should have come as little surprise to Mexican authorities: the DEA had alerted them about the plans. Mexican federal government officials did not immediately respond to requests for comment about the earlier escape schemes.

Since the 1990s his violent and powerful cartel has been known for digging sophisticated smuggling tunnels under the U.S. border with Mexico. Guzman was first arrested in 1993 but escaped from one of Mexico's top-security prisons, in Jalisco, in January 2001, allegedly by hiding in a laundry basket. He evaded capture in early February 2014 through an elaborate network of tunnels that connected multiple safe houses in Culiacan, in his home state of Sinaloa, and was arrested again a month later.

"There's some irony that the master of tunnels does it through a tunnel," said Jim Dinkins, the former head of Immigration and Customs Enforcement's Homeland Security Investigations Unit. "It's really ingenious."

Dinkins said the sophisticated tunnel described by Mexican authorities would usually take about a year and half to two years to complete, suggesting it was started almost immediately after Guzman's arrest.

"What probably worked well for them was all the construction around the facility," Dinkins said. "It's the removal of dirt and debris that can cause attention." THE ASSOCIATED PRESS

> **There's some irony that the master of tunnels does it through a tunnel.**
> Former Homeland Security executive Jim Dinkins

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Free delivery war heats up

ONLINE SHOPPING

Walmart lowers no-cost shipping mark ahead of Amazon sale

The online price fight — as well as the bickering — is picking up between Walmart and Amazon.com, and it's not even the holiday shopping season.

About a week after online king Amazon.com announced a sales bonanza for Prime members set for Wednesday that it touts as bigger than Black Friday, Wal-Mart Stores Inc. made a counter attack: it has lowered the threshold on free shipping for online purchases to $35 from $50 for at least 30 days and on Wednesday, it will offer discounts on thousands of items online.

Amazon's highly promoted sale, which it calls "Prime Day," is to commemorate its 20th anniversary this week and the sale is aimed at its Prime members, who pay a $99 annual fee for free shipping.

"We've heard some retailers are charging $100 to get access to a sale," Fernando Madeira, president and CEO of Walmart.com, wrote in a blog post. "But the idea of asking customers to pay extra in order to save money just doesn't add up for us."

Amazon.com took the opportunity to fight back.

"We've heard some retailers are charging higher prices for items in their physical stores than they do for the same items online," said Greg Greeley, vice-president of Amazon Prime in a statement released a few hours after Wal-Mart's blog post. "The idea of charging your in-store customers more than your online customers doesn't add up for us, but it's a good reminder that you're usually better off shopping online."

> **We've heard some retailers are charging $100 to get access to a sale.**
> Fernando Madeira, Walmart CEO and president

Wal-Mart Stores Inc. said on Monday that the company is lowering its free shipping minimum order to $35 from $50 until further notice. On Wednesday, the company will also be offering discounts on thousands of items. DAMIAN DOVARGANES/THE ASSOCIATED PRESS FILE

> **We've heard some retailers are charging higher prices for items in their physical stores than they do for the same items online.**
> Greg Greeley, vice-president of Amazon Prime

He pointed out that non-members can still partake in the deals by signing up for a 30-day free trial of Prime.

The moves show how Amazon is hoping to drive more customers to its Prime membership ahead of the key shopping periods, back-to-school shopping season and the crucial holiday shopping period.

Ravi Jariwala, a Wal-Mart spokesman, noted, "If you've shopped at Walmart.com, you'll know that every day is a special day where everyone has access to the same low prices we offer."

THE ASSOCIATED PRESS

IN BRIEF

Microsoft set to launch Windows 10 system

Microsoft Corp. announced it will launch the Windows 10 operating system on July 29. The new system will let users switch seamlessly between PCs, tablets and smartphones, and is intended to give apps a similar feel on all devices. It also comes with a new Web browser integrated with Cortana, the company's answer to Apple's Siri.

Microsoft says Windows 10 will be available as a free upgrade for a limited time for anyone whose devices use Windows 8/8.1 or 7.

THE ASSOCIATED PRESS

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CHINA

Police crack down on unlicensed firms after stock market plunge

Authorities accused securities firms of manipulating stock prices during China's market plunge and launched a crackdown Monday against unlicensed companies that financed speculative trading.

The moves appeared to be aimed at deflecting blame from the ruling Communist Party for trillions of dollars in investor losses as China's market benchmark plummeted 30 per cent over the past month.

They came as drastic official efforts over the past two weeks, including a ban on sales by executives and big shareholders, appeared to at least temporarily stop the decline that wiped out $3.8 trillion in investor wealth.

> **It remains to be seen how the market holds up.**
> Carl B. Weinberg, High Frequency Economics

Investigators have found "evidence to suspect individual trading companies are illegally manipulating securities and futures exchanges," the police ministry said late Sunday.

On Monday, the benchmark Shanghai Composite Index closed up 2.4 per cent for its third straight daily gain but still was 23 per cent below its June 12 peak.

THE ASSOCIATED PRESS

ECONOMY

Slowdown could hamper 2015 outlook for railways: Analyst

Canada's sluggish economy and lower volumes of coal, grain and energy products could undermine the lofty 2015 earnings goals for the country's two largest railways, say industry analysts.

Canadian National and Canadian Pacific are expected to temper their earnings outlook when they report results next week.

Calgary-based CP had anticipated at least 25 per cent earnings per share growth for the year, while Montreal's CN had suggested nearly 10 per cent growth.

But lower freight volumes in recent months prompted several analysts to trim their earnings forecasts for the second quarter.

CN's volumes were down 7.3 per cent in the second quarter, led by double-digit decreases for coal and grain. CP volumes decreased 5.8 per cent.

Although WTI oil prices surged about 25 per cent in the quarter, the railways are being hurt by a delayed recovery in crude volumes as heavy oil producers were forced to shut down production for about two weeks due to wildfires in northern Alberta.

Benoit Poirier of Desjardins Capital Markets says the outlook for crude-by-rail remains uncertain for both railways even though the Canadian Association of Petroleum Producers expects shipments will rise eight per cent this year to 200,000 barrels per day. THE CANADIAN PRESS

metro VIEWS
Your essential daily news
Tuesday, July 14, 2015

1 Clear as day The sun's radiation messes with the DNA in our cells, causing them to divide abnormally. More cancers are found on parts of the skin that catch the most rays, and cases increase the closer you get to the equator. However, the darker skin and conservative clothing style in many sunny countries is protective. Australia, home of fair-skinned beach bums, has the highest incidence of skin cancer on Earth.

2 Toxic information Although some studies have linked common sunscreen ingredients such as oxybenzone to potential health problems, these have been small and animal-based, and the substance was often injected or inhaled at a high dose. Though online sources use alarming language about sunscreen's "chemicals," contrary to popular belief, the number of letters in a substance's name bears no relationship to its toxicity.

3 The deal with D Many people fear sunscreen deprives them of Vitamin D. But it only takes a few minutes of summer sun to get what you need. In the Canadian winter, we need to get our D from our diets.

THE BIG THING: SUN SAFETY

We all know the dangers of soaking up too much sun. But concerns about chemicals and preferences for 'natural' products have clouded many people's views on the safety and efficacy of sunscreen. It almost seems simpler to just stay inside. Thankfully, science can shine a light on how to keep your family sun safe. METRO

The benefits of routing trucks through a tunnel

YOUR RIDE
Kathryn Hunt

In how many other cities do flatbed trucks loaded with lumber drive down central streets? In Ottawa, a six-lane "urban highway" runs through a largely residential and pedestrian area, where King Edward Avenue and Rideau Street connect the Macdonald-Cartier Bridge to the Queensway.

King Edward is already a dangerous street. As a link between two highway systems, and a broad straight link at that, the street can sometimes have high-speed traffic on it, not to mention heavy trucks.

Currently, it's not unusual to see transport trucks sharing King Edward with regular traffic, or to watch them navigate tight right turns in the middle of the market. The King Edward Avenue Task Force, a group whose goal is to improve liveability on and around the street for residents and businesses, estimates more than 2,500 trucks travel on King Edward each day, although the route was originally meant to be a temporary measure.

Pedestrians also cross it at a number of places. According to the King Edward Avenue Task Force, 67 pedestrians were injured (16 seriously) on King Edward between 2005 and 2010, and there have been seven deaths since 1997.

Since last August, the city has been looking at a possible solution, and that solution might be to bury the trucks.

There is a one-year study going on right now at city hall, looking at the possibility of constructing a tunnel to take the trucks through Lowertown. The city transportation committee agreed to continue with the study in their recent strategic initiatives meeting, but the tunnel plan isn't approved yet.

However, local community associations, such as the Lowertown Community Association and Action Sandy Hill, have been in support of the idea.

The city's study is looking at not just the technical viability, but the cost of a tunnel project. This takes into account the cost of construction, operating costs and long-term renewal costs. It also explores additional issues, such as what would need to be done about trucks carrying dangerous substances and whether they can be accommodated underground. It will wrap up at the end of the year.

It might be expensive. It might be complicated. But it might be worth the time and trouble if, in the long run, it makes Lowertown safer and more liveable.

It's not unusual to see trucks sharing King Edward with regular traffic, or watch them navigate tight right turns in the middle of the market.

Kathryn Hunt @k8thek8 is a writer, editor of Centretown BUZZ, storyteller, poet, cycling blogger, rock climber, mysterious techno vixen (confirmed) and geek. Not necessarily in that order. You can read her cycling blog at theincidentalcyclist.blogspot.ca.

ROSEMARY WESTWOOD

metroview

What I learned about love at a communist wedding

You wouldn't know it was a communist wedding just by looking at it.

There was iced tea, along with plastic sunglasses and paper fans, to ward off the sun and heat. There were chairs tied with bows and centrepieces on banquet tables. A band poured a mix of Latin tunes and jazz standards over the crowd. Men wore suits and collared shirts. Women stood in platform heels and strapless dresses.

A mix of ages and races. A relaxed atmosphere, yes. Revolutionary? Not so much.

But then came the clues.

First, the officiant welcomed friends, family and comrades.

Then, he moved swiftly into a spiel on the sexist history of marriage, before promising the couple that, nevertheless, they could create a unique, equal union.

Weddings are built of stories. How a couple met, fell in love, what each of them is like. What their future holds, what their love means to each other and to the group.

And in a communist wedding, what their loves means to the revolutionary struggle.

"The ruling class of Los Angeles should be shaking in their boots," the officiant quipped. The crowd laughed. He was a very funny communist.

He quoted Karl Marx, Che Guevara, and even Jesus (the revolutionary).

The way some priests talk of God, this orator expounded on the dream of a communist future.

During her vows, the bride talked of how love blossomed when the couple went to Ferguson to protest after the non-indictment of Darren Wilson for Michael Brown's death and were arrested. The groom had himself locked up so he could be with her; he found a way to hold her hand in jail.

At a communist wedding, there are frequent references to protests, arrests and the police. Also: frequent praise for elders, now in their 60s.

I had believed communism was mostly ideological history, laid to rest after the Cold War. What could anyone find in it in now? I wondered.

The wedding had the answer. The guests behaved like a village, bound so tightly that it was hard to tell who was related by blood. They shared a bond of more than love. It's a common path.

For a Catholic at an atheist communist wedding, it felt oddly familiar to see love bound up in a belief about a life worth living. (Imagine the depth of the ceremony, say, if a nun married a priest.)

I had to hand it to the happy couple. Who gets married these days not just to change their own lives, but the world?

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Greg Lutes
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Steve Rennie
ADVERTISER INQUIRIES
adinfoottawa@metronews.ca
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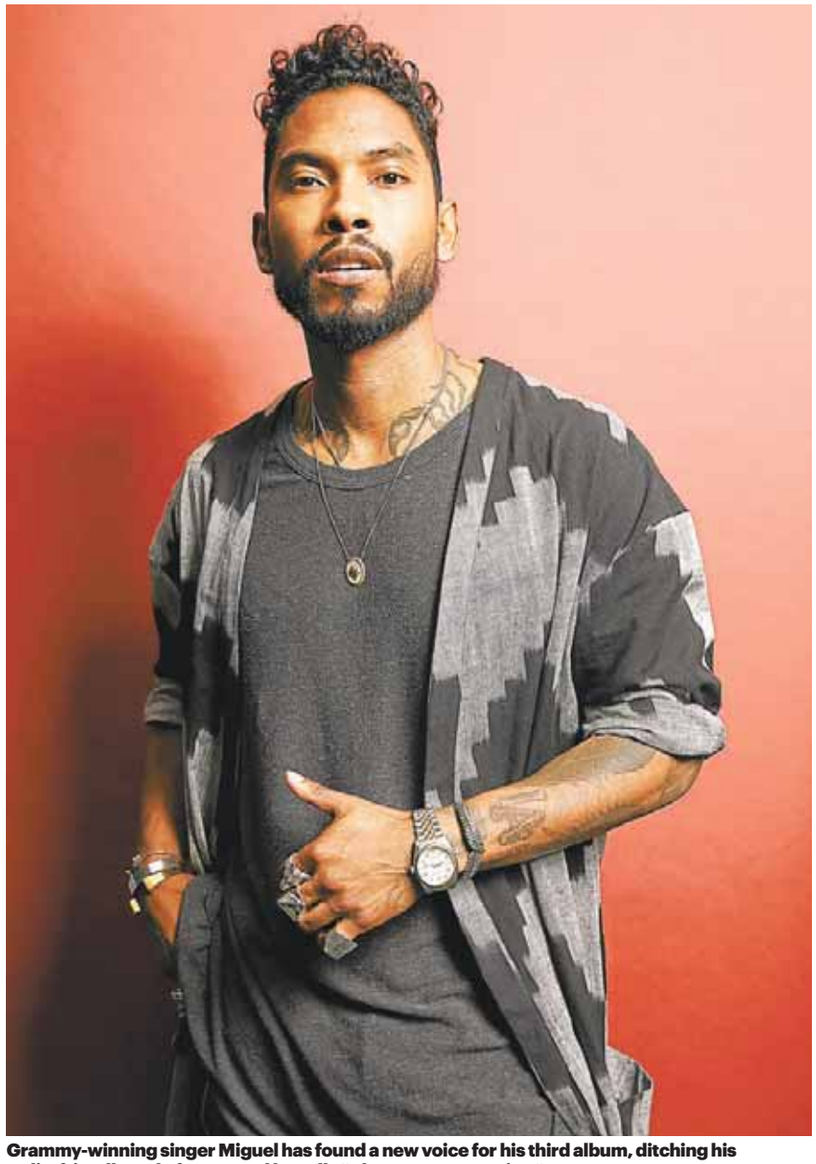
Your essential daily news

Doctors urge caution with wild mushrooms to avoid risks



Grammy-winning singer Miguel has found a new voice for his third album, ditching his radio-friendly style for a sound he calls "a lot more aggressive." DAN HALLMAN/THE ASSOCIATED PRESS

New start with a Wildheart

CHANGING SOUND

R&B singer Miguel explores racial identity in new album

"Too proper for the black kids, too black for the Mexicans," Miguel sings on the song What's Normal Anyway.

The R&B star, who is black and Mexican, explores his racial identity and more on the track, which he calls "the spine" of his new album, Wildheart.

"It was a challenge for people to understand. It was always a question of, 'What are you? Where do you come from?'" the 29-year-old Los Angeleno said. "And I guess it kind of rubs off on you ... and you wonder, 'Who do I identify with more?' The opening line is kind of like the beginning — it was part of my personal journey."

The song features the refrain "I never feel like I belong," and the sound marks a departure for the singer, whose No. 1 R&B hits include Sure Thing, Lotus Flower Bomb and the Grammy-winning Adorn, which helped Miguel cross over to pop.

He says race is an issue America needs to tackle quickly, especially in the wake of Donald Trump's comments about some Mexican immigrants being rapists, criminals and drug dealers. Trump's statements led numerous businesses to cut ties with him, including Macy's, and cost the Miss USA pageant, which Trump partially owns, its telecasts on NBC and Univision.

"Hopefully we're ready as a culture to face it head-on and not put a Band-Aid on it in some ways and pacify it in some ways. It's a real pivotal time and there's a way to hopefully start affecting the way we are programmed to look at each other because it really does come down to the way people are portrayed in the media that carries on into our perceptions in real life," Miguel said.

> **"It's disgusting, it really is disgusting.**
> Miguel on Donald Trump's racist comments about Mexican immigrants

"It's disgusting, it really is disgusting," he added of Trump's comments

Wildheart, which debuted at No. 2 on Billboard's 200 albums and R&B/Hip-Hop albums charts last week, ditches his radio-ready sound for a more artistic approach. He calls the album "a lot more aggressive."

"It has so much to do with the energy and pace and perspective I have on the world now. I think being a little more sturdy as a human being, I guess I'm more sure of myself, and I think that confidence affords or informs a certain decisiveness," he said.

Miguel says he didn't want to completely alienate his radio fans with his changing sound, so he released the groovy Coffee as the album's first single.

"It was kind of the perfect wedge to crack open the door as we move forward," he said. "I'd be lying if I said I didn't want my songs to go No. 1 pop. I think any artist who pretends they don't want that is in denial.... I want to reach more people, but I want to do it my way."

The album also features collaborations with Lenny Kravitz and Kurupt, and the song Leaves samples the Smashing Pumpkins' 1979.

"We're all standing on the shoulders of giants. There's nothing that hasn't been done.... There's going to be moments where you do things that are reminiscent of other things. And even if you're not aware of them, I think it's just best out of respect to reach out," he says. THE ASSOCIATED PRESS

FUTURE PLANS

New work on the horizon

Miguel will launch a North American tour later this month. He has written songs for Beyoncé, John Legend and Usher, and he says he wants to continue to collaborate in that way. "I have a goal of writing a hit song for at least one artist a year now," he said.

INTERVIEW

Jake Miller just wants to have fun

Jake Miller is known as the sensitive rapper. This is, after all, a guy whose first song that garnered major radio play (A Million Lives) is constructed of lyrics lifted straight from his fan mail, about how his music comforted a fan with cancer and helped another deal with her brother's death.

But the 22-year-old, whose new EP Rumours came out earlier this month, has recently switched gears putting out a new single, Dazed and Confused, which is essentially just an old-fashioned summer party song. "I've always been about putting out music with a message behind it, but I also want to make people dance," Miller tells us.

On his song Drunk in Love

The song is about a guy who is either in love or, well, just really drunk. "How do you know if you're in love? That's a great question," Miller says. "I think if you look at the person you're with and you see someone you can spend the rest of your life, you're best friends with and want to spend every second with, then you're probably in love."

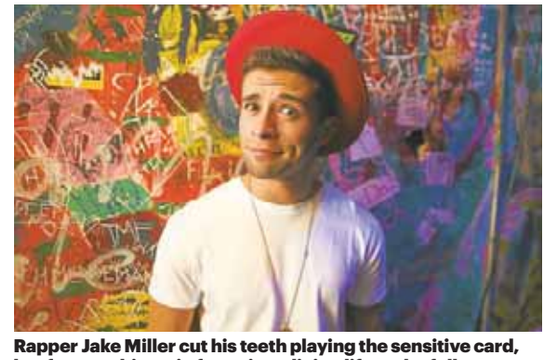
On bonding on the road

Miller has spent roughly six years in the spotlight and says his best friends are people he works with, like his drummer, tour manager, DJ and videographers. "I feel like I've known them longer than my childhood friends because we travel every single day together (on tour)," he says.

On going back to basics

While Miller is all for focusing on fun right now, he has every intention of going back to getting deeper when the tour is over and he heads back in the studio. "You always have to grow as an artist and nothing has stopped with the whole story-telling stuff that I used to do," he says. "I'm going to write about whatever I'm experiencing at that time in my life. My music is always going to be about me."

EMILY LAURENCE/METRO IN NEW YORK CITY



Rapper Jake Miller cut his teeth playing the sensitive card, but for now, his main focus is on living life to the fullest as a 22-year-old. CHRISTOPHER POLK /GETTY IMAGES FOR MTV

The Force is still strong

COMIC-CON

Harrison Ford, J.J. Abrams talk revisiting galaxy far, far away

The cast and filmmakers of Star Wars: The Force Awakens debuted a new behind-the-scenes reel and teased some new information at Comic-Con about the highly secretive film to a rapturous audience.

Filmmaker J.J. Abrams and Lucasfilm president Kathleen Kennedy were joined on stage Friday by Star Wars veterans and Force Awakens stars Harrison Ford, Mark Hamill and Carrie Fisher.

Ford, making his first public appearance since his plane crash in March left him hospitalized and injured, assured the audience and host Chris Hardwick that he was fine. The already excitable crowd exploded when Ford, the last to be introduced, walked out.

Seated next to Hamill, the gruff Ford was not hesitant to talk about his reluctance to revisit the world of Star Wars and the character of Han Solo.

"It should have felt ridiculous, it was 30 years ago," Ford said. "I sort of grew up."

He never thought that he'd do another film after the original trilogy.

Daisy Ridley as Rey, left, and John Boyega as Finn in Star Wars: The Force Awakens. The movie releases on Dec. 18. FILM FRAME/DISNEY/LUCASFILM/THE ASSOCIATED PRESS

"I was very gratified when I read the script because I read something that I thought was really remarkable, really well-written and with some very intriguing developments," Ford said. "I was very happy to be part of the story and the cast again."

The Force Awakens, which hits theatres on Dec. 18, picks up about 30 years after the events of Return of the Jedi.

Director J.J. Abrams and more than 6,000 fans saw a surprise Star Wars Fan Concert performed by the San Diego Symphony. MICHAEL BUCKNER/GETTY IMAGES FOR DISNEY

Before fans were treated to the Star Wars veterans, they were introduced to the newcomers on the light side of the Force and, for the first time, those on the dark side.

Adam Driver, Gwendoline Christie and Domhnall Gleeson were on hand representing the bad guys. As the mysterious three-pronged lightsaber-wielding Kylo Ren, Driver tried to skirt any questions about his character.

When pressed, he talked vaguely about the philosophy of evil.

"We didn't really have a lot of conversations about bad or evil when we were shooting it," said Driver. "It was more the difference between being bad and being right."

Gleeson, whose character's name was revealed to be General Hux, didn't hesitate to say that he was evil. And Christie, who plays the chrome stormtrooper Captain Phasma, talked about how neat it was to be playing a character in full costume who is "not about the way she looks in the flesh."

Representing the light side of the force were Daisy Ridley, John Boyega and Oscar Isaac, who had spoken previously about their roles at the annual Star Wars Celebration event in Anaheim, Calif.

Though not much else was gleaned about Ridley's scavenger Rey, Boyega's stormtrooper Finn or Isaac's X-Wing pilot Poe Dameron, all offered anecdotes about their time on set.

To prepare for his role, Isaac asked Ford for some advice about piloting in Star Wars.

Ford just said, "It's fake."

There was no new footage to be seen, with Abrams saying another trailer will come out in the fall. But he did debut a behind-the-scenes reel that was made available online shortly after the panel concluded.

In addition to interviews with Hamill, Ridley and others, it focused on the practical effects used in the film — a recurring theme in all of Abrams' comments about the film, which hopes to recreate the esthetic of the original trilogy.

Not to be outdone, Abrams and Kennedy announced that there was one more surprise: an imminent Star Wars concert at an adjacent stage.

All 6,500 Hall H attendees were invited.

And their escorts?

Stormtroopers, of course.

THE ASSOCIATED PRESS

HATEFUL EIGHT

Cast of new Tarantino film talk flag controversy

Quentin Tarantino's latest film, The Hateful Eight, takes place a few years after the end of the Civil War — and cast members had the Confederate flag on their minds.

Comic-Con audiences were introduced to the film's crew of eccentrics Saturday. Set in a Wyoming haberdashery, this explosive group of bounty hunters, lawmen, outlaws and veterans — played by the likes of Kurt Russell, Tim Roth and Walton Goggins — take shelter from a blizzard and try (poorly) to keep the peace.

Roth and Goggins found the film very timely, even before South Carolina removed the Confederate flag from its state house on Friday.

"Ferguson had just happened when we were rehearsing.... It seems very pertinent, oddly enough," Roth said. "And even more so now with what's happening in Charleston."

Goggins added: "If there's any person to bring this topic (of race and justice) back to the young people in this country, Tarantino is the one to do it." THE ASSOCIATED PRESS

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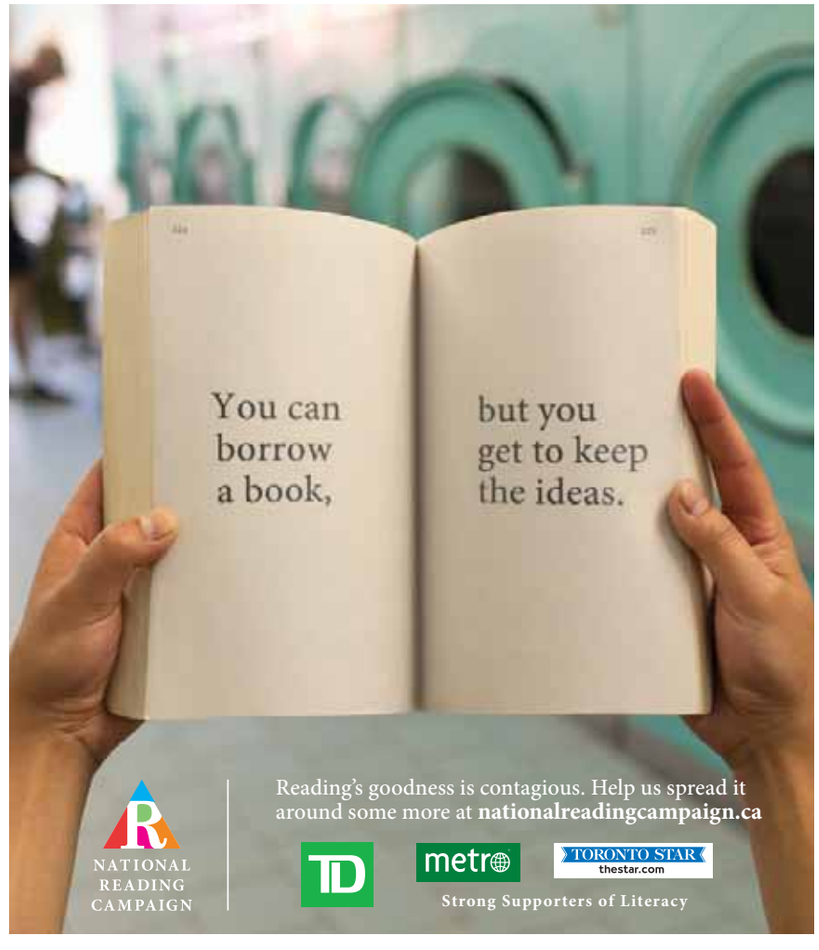

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Dallas receiver Dez Bryant tweeted he "will not be there" without a new contract by Wednesday

Rowers and divers star on golden day for Canada

PAN AM 2015

Day 3 brings hosts more proud podium toppers

Canada's paddlers and rowers kept the medals coming on Day 3 of the Pan American Games.

Led by gold-medal performances by the men's coxless four and the women's double sculls, Canadian rowers combined to add three more medals to Canada's impressive early haul on Monday.

"It was pretty amazing. It sent goosebumps down my spine," said veteran rower Will Crothers, who could hear the vocal hometown crowd in St. Catharines, Ont., as the men's four — Crothers, Tim Schrijver of Thedford, Ont., Kai Langerfeld of Parksville, B.C., and Conlin McCabe of Brockville, Ont. — entered their final 500-metre sprint. "I started thinking, we're sitting up (starting the final sprint). I yelled to the boys, 'Who wants to sing?'

"I think that probably fired them up pretty good. I think the (stroke) rate went up."

These are the Pan Am Games, that's the title that we were missing, so it's really great.

Montreal's Meaghan Benfeito and Roseline Filion from Laval, Que., won Canada's second diving gold, in women's synchronized 10-metre platform.

The men finished six minutes 10.80 seconds, more than three seconds ahead of silver-medallists Cuba (6:14.30) and bronze-medallists Argentina (6:16.52). Kerry Shaffer, from Welland, Ont., and Antje Von Seydlitz of Smithers, B.C., won gold in the women's double sculls with a time of 7:13.01, just ahead of the United States (7:14.65) in second and Cuba (7:20.00) in third.

Von Seydlitz could hear the partisan crowd from halfway out on the course.

"It was unreal. It kind of brings tears to your eyes," she said. "You're so proud to be racing in your own country in front of your hometown fans."

Canadian rowers also took bronze medals in men's double sculls and women's coxless pairs.

Just down the road in Welland, Canada added four medals in kayak and canoe events.

Duo Ben Russell from Dartmouth, N.S., and Gabriel Beauchesne-Sevigny from Trois-Rivieres, Que., won gold in the C-2 1,000 metres. Canadian flag-bearer Mark Oldershaw from Burlington, Ont., raced to a silver medal in the men's C-1 1,000 metres. Michelle Russell of Fall River, N.S., won silver in K-1 500 metres — her second medal of the Pan Am Games. Veteran Adam Van Koeverden of Oakville, Ont., won bronze in the K-1 1,000 metres.

Russell and Beauchesne-Sevigny won gold with a time of 3:46.316, beating Brazil by 0.801 seconds and Cuba by 3.616 seconds.

The pair played it patient before surging into the lead over the final quarter of the race.

"We train consistently that last 250 metres," Russell said. "That's where we want to be the best in the world, so every time we get there we just go for broke, and having the crowd today was just the bonus."

Meanwhile, in the men's diving three-metre synchro final, Montreal's Philippe Gagne and Francois Imbeau-Dulac of St-Lazare, Que., bagged silver with 413.37 points. THE CANADIAN PRESS

Canadians (right to left) Will Crothers, Tim Schrijver, Kai Langerfeld, and Conlin McCabe celebrate after winning gold in the men's coxless four final on Monday PETER POWER/THE CANADIAN PRESS

Canada's Kerry Shaffer, left, and Antje Von Seydlitz after winning gold in the women's double sculls at the Royal Canadian Henley Rowing Course in St. Catharines, Ont., on Monday.
PETER POWER/THE CANADIAN PRESS

SHOOTING AND ROLLER-SKATING

Canuck Chudoba takes gold in women's trap

Amanda Chudoba of Spruce Grove, Alta., won Canada's second shooting gold with a victory in women's trap.

Chudoba edged American Kayle Browning in a shoot-off after the final round was tied at 11. "Actually, I didn't have any prep, it was all new to me," Chudoba said of preparing for the sudden-death session. "I just tried to see the target when it comes out and hit the target."

Also Monday, Toronto's Jordan Belchos won Canada's first ever Pan Am roller speedskating medal with a bronze in the men's 10,000 metres. "My mom was crying," Belchos said. "It was incredible." THE CANADIAN PRESS

Pan Am fans vent over CBC coverage

Many dedicated Pan Am fans are panning CBC's live coverage of the Games.

"I expected a channel with lots of stuff going on. It's ridiculous," Miles Gibson grumbled by phone from Edmonton on Monday. "It's the worst coverage I have ever seen."

Gibson and other sports fans took to Twitter and CBC's own website to express disappointment with live online streams and largely pre-packaged TV broadcasts from venues across southern Ontario.

Justine Mossman of Whitby, Ont., said it's especially frustrating since Canada seems to be having an impressive showing at these Games, considered the largest international multisport event ever held in Canada. The 26-year-old has been following the medal haul on the Pan Am website but said she's frustrated whenever she turns on CBC-TV hoping to witness the wins herself.

I expected a channel with lots of stuff going on. It's ridiculous. It's the worst coverage I have ever seen.

Sports fan Miles Gibson

"Our Canadian athletes are doing so very well and you want to be able to watch and cheer them on and there's just no live coverage to be found," complained Mossman, who said she had difficulty getting a smooth online stream and prefers TV.

CBC is offering TV coverage up to three times a day, including a mix of live and pre-packaged highlights. But several marquee moments have not been available live to fans, including Canada's first medal of the Games - a gold in women's kayaking on Saturday morning.

CBC spokesman Jeff Keay said there is only so much the network can provide. "It's impossible to provide live coverage of all of the events," he said. THE CANADIAN PRESS

Spieth's Slam bid talk of town

BRITISH OPEN

St. Andrews spotlight firmly on American as history beckons

There was no escaping Jordan Spieth even before he arrived Monday at St. Andrews to resume his pursuit of golf's Grand Slam.

Behind the practice range, one British television network talked to any player willing to stop. After a few gratuitous questions about the weather (cool and cloudy) and the Old Course (magnificent shape), the reporter got to the point.

What about Spieth's chances? "The odds are against him," said Soren Kjeldsen, relying entirely on history.

Spieth is only the fourth player since 1960, the year Arnold Palmer proposed the concept of the modern Grand Slam in golf, to win the first two majors of the year only to be stopped at the British Open. Palmer and Jack Nicklaus (1972) finished one shot behind. Tiger Woods was in good position in 2002 until he was blown away by the wind and rain at Muirfield and shot 81 in the third round.

Spieth only added to the hype by winning the John Deere Classic in a playoff Sunday for his fourth win of the year. He flew on a charter flight from Illinois with other players at the John Deere Classic, arriving in Scotland about 10:30 a.m. and checking into his house before coming out to the Old Course to a quiet reception.

> **He just beats you because he's better.**
>
> Geoff Ogilvy on Jordan Spieth

Spieth and his manager walked through a group of about 100 fans who camped out near the entrance to the player lounge to get his autograph. Spieth signed everything shoved his way, turned and tossing the last item to a delighted young British boy. Nick Faldo walked over to him and wished him well. A few fans congratulated him for his year, though this wasn't exactly Tigermania, or even Rorymania for that matter.

But then, Spieth is still relatively new. His short game, particularly the putter, is the envy of golf at the moment. But he doesn't have the power of Woods or Rory McIlroy, nor does he deliver the magical shots Woods once did that kept everyone talking. He just scores. And he wins. And that's what golf is all about, anyway.

"He beats you with better golf," Geoff Ogilvy said. "He doesn't beat you because he hits it further. Tiger's intimidation was that he always did something amazing. Jordan — don't get me wrong, his body of work is amazing — but he doesn't beat you with a crazy par, or a crazy chip-in from the back of the 14th at Muirfield (Village). He just beats you because he's better."

Ogilvy was asked how he would feel going into the final round two shots behind Spieth compared with going against Woods or McIlroy.

"It would be different. It shouldn't be," he said. "There's more of an intimidation factor to Rory because he's going to hit it 30 (yards) past you all day, and it appears like he's better than you. Jordan doesn't appear like he's better than you. But his body of work proves that he's better than everybody — well, maybe everybody but Rory." That now is in reach.

With his victory at the John Deere, Spieth is within range of his goal of reaching No. 1 in the world. He would have to win The Open this week to get past McIlroy, who is out with an ankle injury and no clear return date.

"What he's doing is phenomenal," Faldo said. "And he's confident ... He's seeing the right shot, he's visualizing the shot ... And he keeps churning out good shots. When you're doing that, you just jump back on the saddle and ride again. That's what he's doing."

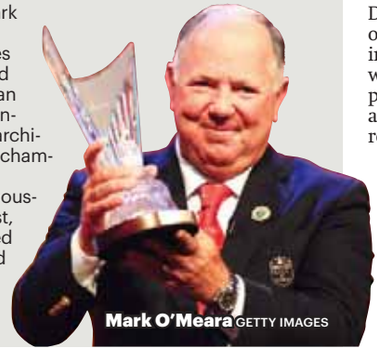
THE ASSOCIATED PRESS

Jordan Spieth has already won the first two Majors of 2015 and is aiming to be the first golfer ever to win the first three Majors in a year. STUART FRANKLIN/GETTY IMAGES

MAJOR TRIO INTO HALL OF FAME

Major champions Mark O'Meara, David Graham and Laura Davies have joined the World Golf Hall of Fame in an induction class that included a renowned architect who built major championship courses.

Inducted posthumously was A.W. Tillinghast, the architect of fabled courses Baltusrol and Winged Foot among more than 200 others.



Mark O'Meara GETTY IMAGES

TENNIS

Williams, Djokovic owning top spots

Serena Williams has widened her lead at No. 1 in the WTA rankings with her fourth consecutive Grand Slam title at Wimbledon, now holding more than twice as many points as No. 2 Maria Sharapova.

Novak Djokovic's third championship at the All England Club allowed him to retain his healthy lead atop the ATP rankings on Monday over No. 2 Roger Federer, the man he beat in the final.

Sharapova, who lost to Williams in the semifinals, rose two spots, while last year's champion, Petra Kvitova, slid from No. 2 to No. 5 after exiting in the third round.

The men's top 10 remained unchanged, including Andy Murray at No. 3, and Rafael Nadal at No. 10.

THE ASSOCIATED PRESS

Serena Williams GETTY IMAGES

IN BRIEF

Murray donates wristband to help animal charity

Buckingham Palace says a wristband worn by tennis star Andy Murray during this year's Wimbledon and later given to the Duchess of Cornwall has fetched more than 2,000 pounds ($3,100) for an animal charity.

Camilla, the wife of Prince Charles and British royal put her memento on the online auction site, eBay, where it sold for 2,100 pounds Monday. The money raised will go directly to the Animal Care Trust. THE ASSOCIATED PRESS

Buffalo Bills coach Kromer punches and threatens boy

Buffalo Bills offensive line coach Aaron Kromer, 48, punched a boy in the face after confronting him and another boy about using his beach chairs while they fished along the shore near his Florida home, according to an arrest report released Monday.

The Walton County Sheriff's Office report says the boy told deputies that Kromer threatened to kill his family if he reported the incident. THE ASSOCIATED PRESS

NBA

New Raptor Scola outlines ambition

Luis Scola doesn't just want to win with the Toronto Raptors.

The veteran Argentine power forward was introduced as the newest free agent signing by the Raptors on Monday and he pointed to Toronto's recent on-court success as a major influence in his decision. But he doesn't want to win an NBA title on his teammates backs — he wants to contribute to a championship team.

"I wanted to find a place where I could win and be a part of the team, be important," said Scola outside the Air Canada Centre. "Hopefully chase a (championship) ring at some point down the line."

The 35-year-old from Buenos Aires had four seasons with the Houston Rockets and one with the Phoenix Suns. Although he played backup for the Pacers the past two seasons, he still played an average of 18.8 minutes per game in Indiana. Scola averaged 12.7 points and seven rebounds per game in his NBA career.

THE CANADIAN PRESS

It's Greinke vs. Keuchel in MLB's mid-season classic

MLB

Bosox, Yanks absent from AL starting lineup

Los Angeles Dodgers right-hander Zack Greinke will start for the National League in Tuesday night's All-Star Game and Houston Astros lefty Dallas Keuchel will be on the mound for the American League.

The 31-year-old Greinke is 8-2 with a big league-best 1.39 ERA and enters the game at Great American Ball Park following five straight scoreless starts over 35-2/3 innings.

"These numbers he's putting up are really, really unbelievable," NL manager Bruce Bochy said Monday.

Greinke's wife, Emily, was so excited she will be at the game even though she is about three weeks from giving birth.

"She found a way to get out here even though she probably shouldn't have," he said.

The 27-year-old Keuchel, with a distinctive long, bushy beard, is 11-4 with a 2.23 ERA. Keuchel said he told his family in advance but was cautioned not to inform the others.

Still, he worried that word might leak out.

"Even my family has loose lips," he said.

The AL will open the game with an all right-handed-hitting lineup for the first time.

AL manager Ned Yost said that Los Angeles Angels centre fielder Mike Trout will lead off, followed by Toronto third baseman Josh Donaldson, Angels first baseman Albert Pujols, Seattle designated hitter Nelson Cruz, Kansas City's Lorenzo Cain in right, Baltimore's Adam Jones in left, Royals catcher Salvador Perez, Astros second baseman Jose Altuve and Royals shortstop Alcides Escobar.

The only previous team to open with all righty batters was the NL for the first of two games in 1962.

Bochy's batting order has Pittsburgh centre fielder Andrew McCutchen leading off, followed by Cincinnati third baseman Todd Frazier, Washington right fielder Bryce Harper, Arizona first baseman Paul Goldschmidt, San Francisco catcher Buster Posey, the Chicago Cubs' Anthony Rizzo at DH, St. Louis shortstop Jhonny Peralta, the Dodgers' Joc Pederson in left and Colorado second baseman DJ LeMahieu.

Five fan-elected starters are missing the game because of injuries: Detroit first baseman Miguel Cabrera, Royals left fielder Alex Gordon, Miami second baseman Dee Gordon and right fielder Giancarlo Stanton and St. Louis left fielder Matt Holliday.

This is the first time the AL starting lineup did not have at least one player from Boston or the New York Yankees.

THE ASSOCIATED PRESS

Los Angeles Dodgers Zack Greinke, left, will alternate the pitching mound against Houston Astro Dallas Keuchel at pro baseball's 2015 All-Star Game. STEVE NESIUS/THE ASSOCIATED PRESS

TOUR DE FRANCE

Basso has cancer, quits race

Stunning the Tour de France on its first rest day, doctors diagnosed a tumour in the left testicle of two-time Giro d'Italia winner Ivan Basso on Monday, forcing him out of the showcase race.

His former rival Lance Armstrong, who survived testicular cancer that spread to his lungs and brain, immediately tweeted his support.

At age 37, Basso wasn't a contender to win the race, as the Italian was in his heyday before he was banned for doping. But his experience and pedigree — Basso finished second at the 2005 Tour and third in 2004 — meant his withdrawal was keenly felt by his team leader Alberto Contador.

On what is often an uneventful day of rest and relaxation when riders recharge their batteries before the high mountains, a visibly shaken Basso appeared with Contador at a news conference and announced that just two hours earlier, doctors diagnosed a tumour in his left testicle that had been painful since he crashed on Stage 5.

> **"I have to stop and go back to Italy.**
> Ivan Basso

Contador put his arm around Basso and vowed, his voice cracking with emotion, to do his best to win the race to honour his teammate.

Basso said he has cancer.

"I have a small cancer in the left testicle," he said. "I have to stop and go back to Italy."

But his Tinkoff-Saxo team said more tests are needed to be certain the tumour is cancerous. THE ASSOCIATED PRESS

IN BRIEF

Leicester replaces fired coach with fired coach

Experienced Italian coach Claudio Ranieri was hired as the new manager of Leicester on Monday, returning to the English Premier League eight months after being fired after a brief and disappointing spell in charge of Greece's national team.

The 63-year-old Ranieri signed a three-year deal as the replacement for Nigel Pearson, who was fired last month after falling out with Leicester's Thai owners.

THE ASSOCIATED PRESS

Canadian national team soccer players Nik Ledgerwood and Marcel de Jong look on at start of practice in Toronto, Monday. NEIL DAVIDSON/THE ASSOCIATED PRESS

CONCACAF

Canada faces elimination

Canada is hoping history and home-field advantage will help it survive a little longer in the Gold Cup. A goal or two would help as well.

The Canadian men (0-1-1) play Costa Rica (0-0-2) at BMO Field on Tuesday, essentially needing a win to advance to the knockout round of the CONCACAF championship.

"There's a sense of urgency," said Canadian captain Julian de Guzman. "We realize the situation we're in at this point. I mean (Tuesday's) game is pretty much like a final.

"This time we're at home. We'll have the support of our fans," he added.

Canada has not been beaten at BMO Field since a 2-0 loss to Peru in September 2010. The men have gone 6-0-4 there since and have won their last four games in Toronto.

But the last time they lost in Canada was to Costa Rica, 1-0 at Edmonton's Commonwealth Stadium in May 2013.

Canada is ranked 103rd in the world by FIFA while Costa Rica is No. 41.

Jamaica leads Group B with four points with Costa Rica and El Salvador on two and Canada on one.

The top two teams in each of the three groups as well the two best third-place finishers advance to the quarter-finals.

The Canadian men could win their pool. Or they could exit the tournament, as they did in 2013 when they went 0-2-1 and failed to score.

Two years later, Canada's young strike force still has to find the net.

THE CANADIAN PRESS

RECIPE Watermelon Cucumber Feta Stacks

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Perfect for a starter or salad, these fruit and vegetable stacks are a refreshing taste of summer. Serves 4.

Prep time: 10 minutes

Ingredients
- 24 rounds of cucumber
- 24 watermelon squares (2" x 2" wide, 1/2" thick)
- 2 oz crumbled feta cheese
- Chopped fresh basil or mint

Balsamic Glaze
- 1/2 cup balsamic vinegar
- 2 Tbsp maple syrup
- Garnish
- Basil or mint

Directions

1. Place 12 cucumber rounds on large serving platter. Place one watermelon square on top. Sprinkle with half the feta cheese. Repeat layers, saving a little feta for garnish.

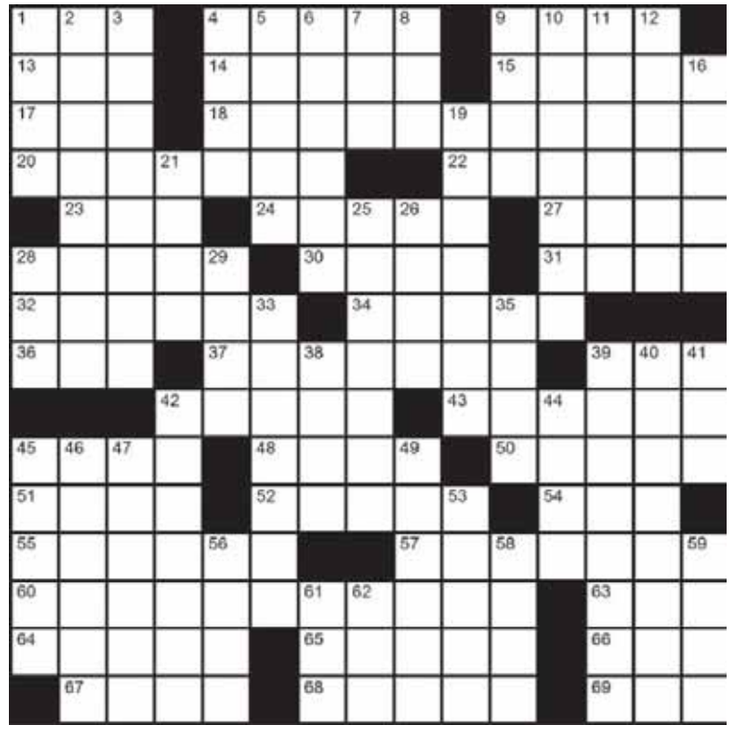
2. In a small skillet, add vinegar and maple syrup. Bring to a boil and boil for about 2 minutes, just until entire surface is bubbly. Pour into small bowl, cool slightly and drizzle over top watermelon stacks. If too thick, reheat gently. Garnish with basil or mint.

Nutrition per serving
- Calories 30
- Protein 1 g
- Carbohydrate 7 g
- Fat 1 g
- Saturated fat 0.5 g
- Cholesterol 5 mg
- Sodium 55 mg
- Fibre 0 g

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Antiquated
4. "The Fault in Our Stars" (2014) star Mr. Elgort
9. __-of-honour
13. Actor Jason
14. Path
15. Singer/songwriter Ms. Mann
17. __ long way (Last)
18. East Coast serving on a hot dog bun: 2 wds.
20. Human-like robot
22. Slim spots to sit on
23. "__ dreaming?" (Is this real?)
24. Ill-gotten money
27. Network of nerves
28. Scottish hillsides
30. Mr. Clapton
31. Loved __ (Cherished people)
32. Grown-ups
34. Available, as keg beer: 2 wds.
36. Coco's famous perfume, Chanel __ _
37. 8-sided shape
39. Grand money amt.
42. Partake in a lecture
43. Put new actors in roles
45. Frequently: 2 wds.
48. Get ready
50. Tom Cochrane album: 'Mad Mad __'
51. Canadian actress Ms. Dobrev
52. Exclamations of accomplishment!
54. Sing-y syllable
55. Club swinger
57. Shrivelled grapes
60. Airport contraband detectors with highly sensitive noses: 2 wds.
63. Bustle
64. Precept
65. Fashion capital in Italy
66. Not specialized [abbr.]
67. Digital displays, e.g.
68. Type of wheat
69. Unit of work

DOWN
1. 1970s gymnast Ms. Korbut
2. First name in Renaissance art
3. Electronic music artist (born in Niagara Falls) whose name ends in a number
4. Folkie Mr. Guthrie
5. Salad orderer's dressing specification: 2 wds.
6. Overpower
7. Sci-Fi beings
8. Rent
9. Ms. Winningham of "St. Elmo's Fire" (1985)
10. Helicopter delivery to the emergency below
11. Heroine in Shakespeare's play Cymbeline
12. Wipe out
16. Someone __ (Not mine)
19. Voter
21. Father of Manitoba, Louis __ (b.1844 - d.1885)
25. Uttered, as a frog
26. Finger jewellery
28. Ray-__ (Sunglasses maker)
29. Cease
33. King's wand
35. Afresh
38. Scarlett's home
39. Wedlock
40. Prince Edward __ (Atlantic Canada denizen)
41. Business name abbr.
42. Hired, as employees for the openings
44. Camping beds
45. Apprehensive feeling
46. Mr. Richie, Nicole's musician dad
47. Wired to the web
49. Prisoner's conditional release
53. Katey of "Married... with Children"
56. Tiny amphibians
58. Stevie Wonder's "__ She Lovely"
59. Tracked item on Billboard
61. Titanic's letters
62. Platter mixture for chips

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
The one thing you want to avoid is the one thing you need to tackle. You cannot afford to just sit there and see what might happen. Be brave.

Taurus April 21 - May 21
Friends and relatives will do anything to assist you today, so don't pretend that everything in your life is fine and dandy, because it isn't and you need help. Even a Taurus can find themselves out of their depth once in a while.

Gemini May 22 - June 21
If you need to persuade someone to give you something today you may be successful but they may feel resentful that you put them on the spot. If possible, wait until the moon is new on Thursday.

Cancer June 22 - July 23
So many things are going right for you now that you are beginning to believe that the breakthrough you have been dreaming of is about to arrive — and it is.

Leo July 24 - Aug. 23
Your main problem at the moment seems to be that you are worrying about things that will probably never happen. Fortunately, your worries will fade later in the month. Until then, relax.

Virgo Aug. 24 - Sept. 23
According to the planets you are in tune with the spirit of the times and have found your special role in the world. At last you feel you are doing something worthwhile and making a difference. Make it a big one.

Libra Sept. 24 - Oct. 23
You prefer to avoid confrontation but the planets suggest you will find the courage to make the kind of difficult decision that you usually strive to avoid. Remember: Change is not something you should shun.

Scorpio Oct. 24 - Nov. 22
Approach the day in a positive frame of mind and you will accomplish a lot. Approach the day in a negative frame of mind and you will accomplish the same things but you won't get much joy from them.

Sagittarius Nov. 23 - Dec. 21
You may not be able to explain how you have reached a certain conclusion but you know it is right, so have the courage of your convictions and act on it immediately.

Capricorn Dec. 22 - Jan. 20
Cosmic activity in your opposite sign means you will need assistance over the next few days, and you are more likely to get it if others think they owe you something.

Aquarius Jan. 21 - Feb. 19
You must spend some time planning what you are going to do. If you don't look ahead at the steps you will have to take there is a chance you will stray off course.

Pisces
Feb. 20 - March 20
If you are in any way creative and have ambition in this area then what happens over the next few days will give you the chance to show what you can do. You're not just as good as everyone else, you're better.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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	7			6			1	
5			3		2			8
		3				2		
	8						6	
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